

# SCOIL CHORMAIC

## A GUIDE TO TRAINING AND ADULT SERVICES



## Table of Contents

Introduction (Part 1).....	3
Introduction (Part 2).....	4
Occupational Guidance Service, Disability Services.....	5
Aspect Day Service.....	6
Kilkenny Initiative for Training and Education (K.I.T.E.).....	10
Irish Wheelchair Association (IWA).....	15
National Learning Network (NLN)/ Ancaire Day Outreach Service.....	20
Cluain Training and Enterprise.....	23
Moorehaven Training Centre.....	27
Gateway Training Centre (Brothers of Charity).....	28
RehabCare.....	30
Camphill Communities of Ireland.....	32
Damien House Services.....	36
Brothers of Charity, Clare Region.....	37
Brothers of Charity, Limerick Region.....	41
Enable Ireland Adult Services.....	44
Headway Brain Injury Services and Supports.....	47
Festina Lente.....	51
Disability Services Health Service Executive (HSE).....	55
EmployAbility Services.....	58
Ability Programme.....	60
Irish Association of Supported Employment.....	63
A Short Guide to Accreditation.....	64
Glossary of Terms.....	67
Additional Contacts for North Tipperary.....	72
Additional Contacts for South Tipperary.....	76

## Introduction (Part 1)

This information guide is a joint initiative of Scoil Chormaic, Cashel, Co. Tipperary and Maureen O'Halloran, student, University College Cork – Higher Diploma Inclusion Facilitating Disability Studies. The purpose of the guide is to provide knowledge and awareness to young people and their families about the supports and services available when they leave school and enter adulthood.

Many families worry as their children get older because they do not know what services may be available to them as adults. This guide aims to address this concern by providing clear and useful information. In addition, this guide may encourage teenagers and their families to begin thinking about, and preparing for becoming an adult.

I hope the information in this guide is useful to young people and their families, and that it provides a starting point for considering how a young person may be best supported as he or she approaches adulthood. The information provided in this guide is about a range of adult services, education and training, residential and housing (where applicable) and other family or individual support. Not all of it will be of interest to you but you may find out about services you didn't know about before.

In addition, if you wish to know more about a particular service I encourage you to contact the services directly through the contact details provided or by logging onto their websites.

*Please note that the information contained in this guide is as accurate as possible at the time of going to print. Contact individual services for clarification.*

Best wishes,

Maureen O'Halloran (2019).

## INTRODUCTION (Part 2)

### New Directions

Historically day services have, for the most part been organised as segregated services, separate from local communities and offering limited options, experience and choices. New Directions offers a flexible and individualised set of supports to enable each person to live a life of their choosing in accordance with their own wishes and needs. These supports are underpinned by the principles of Person Centeredness, Community Inclusion, Active Citizenship and Quality.

The nature of supports offered to each individual will depend on their particular needs and abilities. It is the responsibility of the service provider to work with each individual to tailor the programme of supports to their individual needs. The focus of the New Directions takes account of the capacities of individuals and the diversity of their needs.

The Benchmarking Exercises completed in 2015 confirmed that there is a commitment to change and many service providers have moved ahead and commenced an approach to service delivery that focuses on the provision of supports. However, the day service sector is most diverse and significant service change and reconfiguration has yet to be progressed. The momentum for change has been supported by service reconfiguration, introduction of shared learning, the implementation of the Interim Standards for New Directions and the development of guidance and support materials for the provider sector.

New Directions sets out twelve supports that should be available to people with disabilities using 'day services'. It proposes that day services should take the form of individualised outcome-focused supports to allow adults using those services to live a life of their choosing in accordance with their own wishes, needs and aspirations. There is a structure set up within nine HSE Community Healthcare Organisations (CHO) nationally to implement New Directions. These CHO New Directions Implementation Groups have representatives from every HSE funded adult service provider within the CHO area.

<https://www.hse.ie/eng/services/list/4/disability/newdirections/new-directions-bulletin-november-2018.pdf>

Link to Community Healthcare Organisations (CHO) area 5 Disability Services  
<file:///C:/Users/User/Documents/cho%20area%205%20adult%20disability%20day%20service%20locations.pdf>

Link to Community Healthcare Organisations (CHO) area 3 Disability Services  
<https://www.hse.ie/eng/services/list/4/disability/newdirections/cho%20area%203%20adult%20disability%20day%20service%20locations.pdf>

## Who are we?

**Occupational Guidance Service, Disability Services, Health Service Executive (HSE)**

## Who do we support?

We support people with disabilities who are 16 years and over.

## How do we support?

The role of the Occupational Guidance Service includes providing information, advice, support and direction to people with a disability who wish to access Rehabilitative Training, Sheltered Services, other HSE- funded Adult Day Services and some alternatives. The services offered include.

- Providing information.
- Advice and support
- Identification of needs.
- Sourcing HSE funding.
- Referral and ongoing monitoring of placement, i.e. Rehabilitative training.
- Links to other services.

## Who is the HSE referral contact?

**Occupational Guidance Office, South West Wing, St. Joseph's Hospital, Mulgrave Street, Limerick.**

Contact: Occupational Guidance Advisor, James Galvin

Telephone number: 061 461455/065 6863772/086 2806863.

Email: [james.galvin@hse.ie](mailto:james.galvin@hse.ie)

Contact: Triona Ryan

Telephone number: 061 461455 / 065 6863772 / 087 9076327

Email: [triona.ryan@hse.ie](mailto:triona.ryan@hse.ie)

## **OR**

**Occupational Guidance Office, Disability Day Services, Cashel, Co. Tipperary.**

Contact: Occupational Guidance Advisor

Telephone number: 062 70473

## Who are we?

### **Aspect, Cahir, Co. Tipperary.**

SOS Kilkenny Clg (Company Limited by Guarantee) is our overarching organisation based in Kilkenny City.

## Where are we?

Our Aspect Service is based in Kilkenny City and Cahir, Co. Tipperary. (These are our Autism Support Services)

Kilkenny City – Residential and Day Services are located within the city and surrounding areas.

## Who is the referral contact?

Contact : Senior social worker – Kathleen Sherry

Telephone Number: 056 7764000

Email: [swadmin@soskilkenny.com](mailto:swadmin@soskilkenny.com)

Contact Person/Manager: Lisa Wilkin Butler (Aspect, Cahir, Tipperary)

Telephone number: 052 7442398

Email: [lwilkinbutler@soskilkenny.com](mailto:lwilkinbutler@soskilkenny.com)

## Who is the HSE referral contact?

South Tipperary

Contact: Occupational Guidance Advisor, HSE Disability Services

Telephone number: 062 70473

### **OR**

Contact Person: Carol Moore, Disability Manager, South Tipperary, HSE CHO 5, St. Luke's Hospital, Clonmel, Co. Tipperary

Telephone number: 052 6177275

Email: [carole.moore@hse.ie](mailto:carole.moore@hse.ie)

### **Important note:**

Paula Dwan is currently acting Disability Manager, South Tipperary, St. Luke's Hospital, Clonmel Co. Tipperary.

Telephone number: 052 6177275

Email: [paula.dwan@hse.ie](mailto:paula.dwan@hse.ie)

## **Who do we support? (ASPECT, Cahir, Co. Tipperary)**

We support people with Autism and Intellectual Disabilities.

Admission criteria includes a diagnosis of Autism and Intellectual disability, this is in keeping with our service level agreement with the HSE.

Our service offers high and moderate support.

The ratio of staff to person is dictated by the HSE profiling tool. In general 1:1, or very small groups.

We are based in the centre of town. Opening Hours are between 10am – 4pm

## **How do we support?**

Quality and Qualifications Ireland (QQI) training depends on each individual and their ability to attain qualifications via the National Adult Literacy Agency (NALA), individually or supported, to attend courses that are available in the community.

Customised/individualised educational programmes, training and supports for future employment and computer/technology training are individual and tailored to the person. Our aim is to match a skills set and particular interest to the availability of educational and employment opportunities in the community.

Regarding good mental health and positive wellness programmes, Aspect adopts the Studio 111 Low Arousal approach to supporting people. Within this approach promotion of good mental health and wellness are key to overall wellbeing as a person.

What is a Low Arousal approach: *A concept devised by Professor Andrew McDonnell, the low arousal approach is a crisis management strategy which encourages stress reduction and de-escalation.*

*The low arousal approach enables professionals, carers and family members to deal and manage challenging behaviours. The approach empowers the individual or team to focus on the 'person' in the situation, identify causes and use proven low arousal skills to reduce the aggression. This approach acknowledges that stress is an ever present part of the lives of people with autism, and asks how we can best manage crisis situations where the individuals we support may be experiencing 'meltdown'. Taken directly from <https://www.studio3.org/low-arousal-training>*

Sensory strategies are individualised. Aspect staff are familiar with the importance of this element for people with autism. Observation and communication are essential for awareness of sensory needs. Overtime a sensory profile can be compiled to assist in the person's daily requirements in this area. (external Occupational Therapist (OT) supports may be sought)

Aspect uses a person centred planning approach. Each person has a key worker and a personal profile to explore capacity building opportunities and respond to the needs and wishes of the person. Where there are adequate resources available, our supports are guided by the person themselves to explore what best suits them.

Aspect provides access to a support team including a Counselling Psychologist, Social worker and Behavioural Support. An Occupational Therapist, Speech and Language Therapist or Dietician may be privately sourced if required.

Aspect supports are person led. Therefore any complimentary therapy including art, music, reflexology, yoga or drama will be explored should a need/wish by the person we support arise. We endeavour to promote and encourage a person's skills and personal interests within the service and within the community where possible.

Aspect has access to local amenities including a supermarket, park, cafe/restaurant, gym, banks, credit union, post office and library. There is also a hotel, community centre/Men's Shed, charity shops, pharmacy and takeaways.

People are supported to use public transport (where possible).

Aspect provides opportunities to develop positive roles for people within the local community. Using local shops, the library, buses and trains develops familiarity with people and naturally builds on valued roles within the community. Also, local charity shops or delivery of local lotto tickets creates volunteering opportunities. It is important to match the person to the role.

In general, those we support are accompanied by staff 1:1, or very small group (depends on the needs of the person) if leaving the service at any time during the day. However if a person is leaving the service, during the day independently, a risk assessment will be carried out to ensure the safety of the person.

Respite options are available. However these options are based in Kilkenny City and are sought via the HSE via Mairead Juilen. At present, demand for respite is at capacity thus there is limited availability.

For further information regarding these options:

Name of Contact: Senior social worker

Telephone Number: 056 7764000

Email: [swadmin@soskilkenny.com](mailto:swadmin@soskilkenny.com)

In general, annual family meetings are held to review the year. However, this may occur more often if necessary. Monthly key working sessions are carried out.

Aspect communicates with families depending on the situation and preferred method agreed between our service and the family and always bearing in mind the wishes of the adult being supported.

## **Note to Parents**

Aspect, Cahir supports autistic adults who have an intellectual disability. Our service is led by a low arousal approach and by the person themselves. We are familiar with the challenges that autism can have, however, we are trained to support and understand a person where they are at in their life. We aim to work collaboratively with significant people in the person's life and support them to figure out what is important to them in their life. (*Lisa Wilkin Butler, Manager*).

## Who are we?

**Kilkenny Initiative for Training and Education (K.I.T.E.)**

## Where are we?

1. 23 Cedarwood Ave, Loughboy, Kilkenny (KITE Day Service)
2. Unit 14, Abbey business Centre, Kilkenny (KITE Outreach Service)
3. Room 6, Enniscorthy Enterprise & Technology Centre, Milehouse Road, Enniscourthy, Co. Wexford.

## Who is the referral Contact?

South Tipperary:

Occupational Guidance Advisor, HSE Disability Services

Telephone number: 062 70473

Email:

**OR**

Carol Moore, Disability Manager, South Tipperary, HSE Community Health Organisations 5 (CHO 5), St. Luke's Hospital, Clonmel, Co. Tipperary

Telephone number: 052 6177275

Email: [carole.moore@hse.ie](mailto:carole.moore@hse.ie)

### **Important note:**

Paula Dwan is currently acting Disability Manager, South Tipperary, St. Luke's Hospital, Clonmel Co. Tipperary.

Telephone number: 052 6177275

Email: [paula.dwan@hse.ie](mailto:paula.dwan@hse.ie)

## Who is the HSE referral contact?

Contact Person: Mary Mulrooney

Telephone number: 056 7712913

Email: [mary.mulrooney@hse.ie](mailto:mary.mulrooney@hse.ie)

## Who do we support?

Our organisation supports people with Autism (with lesser and more support requirements), Physical Disability, Sensory Disability (deaf or visually impaired), Acquired Disability (through injury or illness) and people diagnosed with Mental Health support requirements.

All referrals considered have a Primary Diagnosis of Autism Spectrum Disorder with a functioning intellectual ability of mild Intellectual Disability (ID) or above.

Much of the support staff to person ratio undertaken by KITE requires 1:1 short term training and support (or longer dependant on need) and up to 1:6.

### **Our service locations are as follows:**

Kilkenny and Wexford – within the town limits.

Kilkenny – within the city limits.

Abbey Business Centre, Kilkenny – city centre

### **Opening hours**

Daily 9am – 5pm

Day Service hours – 9.30am – 4pm (Monday to Thursday)

9.30am – 1.30 (Friday)

## How do we support?

Our service provides a person centred planning approach. We support the person to develop a person centred plan and an appoint a key worker to facilitate a person centred plan with that person.

We customise /individualise educational programmes and training and supports for future employment through supported work experience and linking people with employment services, e.g. Employability. We link in with external computer and technology training courses, e.g. European Computer Driving License (ECDL).

Our service provides good mental health/ positive wellness programmes, various personal development programmes, sensory strategy programmes and stress management programmes.

Travel training is provided if required with a view to building capacity for independent travel on public transport.

We also have a Day Service in 23 Cedarwood Avenue, Kilkenny and Outreach Services in Kilkenny, Carlow and Wexford. We offer the following support programmes:

Social Skills

Independent Living

Autism Awareness

Media Watch

Community Participation

Social Evening

Support to complete education course (does not include academic support)

Person Centred Planning in accordance with the New Directions.

As part of our Outreach programme we provide a 'drop in' service for people who have low support needs.

Learning goals or outcomes are reviewed annually (more often if required).

Our service provides access to a Psychologist and an Occupational Therapist. Staff are trained in Positive Behavioural Support and have access to supervision from a Clinical Psychologist to complete behavioural assessment and implement behavioural support plans as and if required.

Our staff have received training in :

1. Multi-Element Behavioural Support, Callan Institute.
2. Positive Behavioural Support, Carlow Institute of Technology.
3. Working Positively with Behaviours that Challenge, Limerick Institute of Technology.

Access to local facilities and amenities include:

Public Transport, Shopping Centre, Supermarket, Cinema, Park, Cafe/Restaurant, Gym, Bank/Credit Union/Post Office and Library.

People are allowed to leave the service independently. However if a person is leaving the service independently, a risk assessment will be carried out to ensure the safety of the person. Much travel training and interventional support would be offered to the person to assess/teach community safety.

Our service provides opportunities for activities including cooking/baking, art, gardening and music.

Opportunities to develop positive roles within the local community include dog walking, charity shops, keeping Kilkenny beautiful activities and voluntary/community radio.

Our service provides social events including bowling, cinema, day trips, pub outings and Social Evening Programmes and Summer Activity Programmes for outreach students during summer breaks from Adult education.

Our service links in with other disability service providers:

- Providing Autism training and information
- Providing support to provider to setup/enhance an person's individual programme
- Linking in with other providers in order to co-support when a person is attending two services
- To facilitate friendships for service users between services
- Provision of OT supports to clients in Adult Disability Services with a diagnosis of ASD

With regards to living arrangements/Respite /Residential options:

Name of Contact: Mary Mulrooney

Telephone number: 056 7712913

Email: [mary.mulrooney@hse.ie](mailto:mary.mulrooney@hse.ie)

Our service communicates with families depending on the situation and preferred method agreed between our service and the family and always bearing in mind the wishes of the adult being supported. Options include written notes, email, text, phone call or person to person. Communication can be daily, weekly, monthly, 6 monthly or annually.

## Note to Parents

Kilkenny Initiative for Training and Education (K.I.T.E) recognises the individuality of each person with autism and their right to be an active and inclusive member of society. K.I.T.E., as an outreach service, offers quality-led and person centred education, training and support in pursuing their goals. K.I.T.E. provides Day and Outreach service and supports adults between 18 and 65 years with a diagnosis of high functioning Autism Spectrum Disorder

## Who are we?

**Irish Wheelchair Association (IWA)**

## Where are we?

1. Irish Wheelchair Association, Cashel Road, Tipperary Town, Co. Tipperary
2. Our Lady's Hospital, Cashel, Co. Tipperary
3. Nano Nagle Centre, Carrick-on-Suir, Co. Tipperary

## Who is the referral contact?

Contact: Manager – Josephine Carroll

Telephone number: 062 52744

Mobile number: 087 2050869

Email: [josephine.carroll@iwa.ie](mailto:josephine.carroll@iwa.ie)

## Who is the HSE referral contact?

A referral can be made to our service by contacting anyone in Disability Services.

Anyone can refer themselves to our organisation once they have a physical disability.

## Who do we support?

We support people with a Physical Disability, Sensory Disability (deaf or visually impaired) and Acquired Disability (through illness or injury). They do not need to be a wheelchair user to avail of our service. We are now operating 4 days a week in Tipperary Town, 1 day a week in Cashel and 1 day a week in Carrick-on-Suir. As well as transport to and from their homes, we are providing 75 day places a week for our members to come in and access our day resource and outreach service.

Our service supports people with moderate to low support needs. A risk assessment is completed for each individual attending the service and the support required dictates the ratio of staff needed.

Our service is based within the town limits.

Opening hours – 9am to 5pm daily.

## How do we support?

Our service provides customised/individualised educational programmes. Training and supports for future employment. Computer and technology training, good mental health and positive wellness programmes and personal development education.

Our Person Centred Planning approach includes:

- Individual Service Plan
- Individual Goals
- Member Consultations
- Opportunity to give feedback
- Customer Care Department

IWA provide an individual service plan which is designed and created by the person supported by our service. It outlines their choices and preferences. If a person has an individual goal they would like to achieve e.g., learn to drive, literacy, shopping support or further education and training, a staff member will be appointed to them on a 1:1 basis to support them in achieving their goal.

Our service provides access to a Psychologist, Occupational Therapist (OT) and a Speech and Language Therapist (SLT).

Our service facilitates complimentary therapy supports including art, music, reflexology, yoga and drama. We also provided activities including cooking/baking, art, gardening, music (if requested) and photography. A monthly consultation is carried out with each group and it is the person who decides which programmes they wish to partake in for the month, going forward.

Our service has access to many local amenities including shopping centre, supermarket, cinema, park, cafe/restaurant, gym, swimming pool, banks, credit union, post office, barbers, hairdressers, hotels, beauty salon, doctors and chemists.

Our service provides the opportunity to develop positive roles within the community by volunteering in our local charity shop. Using public transport and access to the local library (if support is requested).

We provide social events including bowling, cinema, day trips, pub outings, concerts, shows, weekends away, holidays at home and abroad, hurling matches, rugby matches, Christmas parties and other events,

People supported by our service are allowed to leave independently during the day. However, some people can only leave with support staff.

Our service also links in with other disability service providers. We have inter-centre activities with other organisations. We play Boccia competitively with other groups in South Tipperary. We also attend the annual event in the Sensory Garden, Cahir, Co. Tipperary.

In 2013 we opened 8 independent living houses located in Cashel where tenants can live on their in the community with support from IWA staff. We also provide Independent Living Training for each new resident.

*For further information regarding residential options:*

Name of Contact: Josephine Carroll

Telephone number: 062 52744/ 087 2050869

Email: [josephine.carroll@iwa.ie](mailto:josephine.carroll@iwa.ie)

People using our service complete an Individual Service Plan every year and this is reviewed every 6 months. Therefore, because people using our service primarily have a physical disability we would communicate directly with them and not their families. However, their families are free to contact us at any time they feel they need to. We meet family members when collecting people using our service and at centre events.

## Note to Parents

### IWA VISION

Irish Wheelchair Association (IWA) has a vision of an Ireland where people with disabilities enjoy equal rights, choices and opportunities in how they live their lives, and our country is a model worldwide for a truly inclusive society.

### IWA MISSION

Irish Wheelchair Association (IWA) works with, and on behalf of, people with physical disabilities to drive positive change in Ireland through influencing of public policy, the provision of quality services and enabling accessibility to all aspects of society.

### Resource and Outreach Services

IWA has Resource and Outreach Service in over 57 locations throughout the country. These centres support people with disabilities in their day-to-day lives by offering locally-based recreational and educational programmes. All programmes are designed to facilitate personal development and interaction with the local community.

Over 2000 people with disabilities attend IWA centres each week. The service is a means of offering people with physical and sensory disabilities the opportunities and supports to increase their social participation and independence. Our person centred approach ensures that people can avail of a service that is flexible and tailored to their individual requirements.

The Resource and Outreach Centre model of service is delivered through a menu of group social programmes, educational programmes and community links, all of which respond to people's interests and requirements.

The range of programmes offered by this service includes: arts and crafts; cookery; music and drama; gardening, sports; daytrips and holidays. Increasingly, this service also offer access to community physiotherapy services and educational/ 'mainstream bridging' programmes such as computer skills, QQI Certificate courses and Supported Employment Programmes. The activities of the centres are based firmly around the principles of person-centred planning. To find out more about the programmes available please contact your local centre.

### **The Steeples Housing Project, South Tipperary.**

There are seven accessible one bedroom homes at The Steeples on the Dualla Road in Cashel, Co. Tipperary

At the Steeples Housing project IWA provides short-term transitional accommodation for people with disabilities. This transitional housing model enables

people with low support requirements to acquire the skills, knowledge and attitudes to live independently in a community setting.

While living at The Steeples the tenants are offered the opportunity to participate in a transitional “Living Skills Programme” delivered as part of the programme of the IWA Resource and Outreach Service in Cashel, Co. Tipperary. This programme is designed to support people to develop practical skills in household and money management, personal health and safety etc.

If you would like further information about Independent Living in South Tipperary, please contact Josephine Carroll at 062 82575 or [josephine.carroll@iwa.ie](mailto:josephine.carroll@iwa.ie)

We also have a website at [www.iwa.ie](http://www.iwa.ie)

## **Who are we?**

**National Learning Network (NLN)**

**Ancaire Day Outreach Service.**

## **Where are we?**

National Learning Network (NLN), Western Road, Clonmel, Co. Tipperary.

Ancaire Day Outreach Service, (NLN) Roseville, Western Road, Clonmel, Co. Tipperary

## **Who is the referral contact?**

Contact: Manager – Kitty Galvin Hennessy

Telephone number: 052 6181555

Email: [kitty.galvin@nlh.ie](mailto:kitty.galvin@nlh.ie)

## **Who is the HSE referral contact?**

Occupational Guidance Advisor

Address: HSE Disability Day Services, Cashel, Co. Tipperary

Telephone number: 062 70473

## Who do we support?

Our service supports people with Autism (with less and more support requirements), Physical Disability, Sensory Disability (deaf or visually impaired) , Acquired Disability (through illness or injury), and people with Mental Health support requirements.

The levels of support available (High, Moderate or Low support) is dependent on the level of the course. Our staff support is based on small class sizes.

Our service is located within the town limits.

Our service opening hours are Monday – Friday, 9am – 5pm. Our Student Training times are Monday – Thursday, 9am – 3.45pm and on Friday 9.am – 2.30pm.

## How do we support?

Our service provides Quality and Qualifications Ireland (QQI) training. The levels include 2,3 and 4.

Our service provides customised/individualised educational training programmes. Individual Action Plans are completed for each student. We provide training and supports for future employment, Computer/Technology training and personal development education courses through the National Adult Literacy Agency (NALA).

Our service provides good Mental Health and Wellness Programmes, Sensory Strategies and Anxiety and Stress Management.

Where possible, people are supported to use public transport.

Other support programmes we offer include, Psychological, Rehabilitation Officer, Resource Teaching and Advocacy Supports.

Additional therapy supports including music, reflexology, yoga or drama can be sourced externally if required.

Our service provides activities including cooking/ baking, art and gardening.

Our service has access to local amenities including shopping centre, supermarket, cinema, park, cafe/restaurant, gym, banks, post office, credit union and library.

Our service provides volunteering opportunities to develop positive roles within the community at SVP, A Place U Cafe, using local shops, public transport , use of own transport bicycles and/or cars.

Our service provides social events including bowling, cinema and day trips. In our Ancaire Autism Outreach Service we have a social evening twice weekly.

Our service also links in with other disability service providers for students wishing to progress, sample or access other services.

People we support are allowed leave the service during the day independently, in a group, in a group supported by staff or only supported by staff depending on the student's independence level.

Individualised learning goals and outcomes are reviewed monthly. Individual Action Plans are reviewed every 4 months.

Our service does not provide any living arrangement options.

Our service communicates with families by written notes, text, email, phone call or person to person as required.

## **Note to Parents**

We offer a two week sample to give people a chance to get a flavour as to what the course is about. This also gives the staff and opportunity to get to know the person and their needs. Our service is a very supported environment with small class sizes. The Courses are tailored to the needs of the person by means of assessment and discussion which leads to a Personal Training Plan.

Come and visit, make an appointment with Kitty Galvin Hennessy at 052 618155. She will offer a tour of the Centre, introduce you to the staff and go through the various programmes and supports available.

## **Who are we?**

**Cluain Training & Enterprise Centre**

## **Where are we?**

11 Nelson Street, Clonmel, Co. Tipperary

## **Who is the referral contact?**

Contact: Centre Manager – Ronnie Corbett

Telephone number: 052 6125328

Email: [raacorbett@gmail.com](mailto:raacorbett@gmail.com)

Self referrals are very welcome

## **Who is the HSE referral contact?**

Occupational Guidance Advisor, HSE Disability Services

Telephone number: 062 70473

Self Referrals are also very welcome and online referrals through the FETCH (Further Education Training Course Hub) system can be made to our vocational training programme 'Pathways to Employment'.

## Who do we support?

Our service supports people with Autism (with varied support requirements), Physical Disability (where there is also a mental health support requirement or acquired brain injury or autism), Sensory Disability (where there is also a mental health support requirement or acquired brain injury or autism), Acquired Disability (through illness or injury) and people diagnosed with Mental Health support requirements.

Our service offers support options from low support to high support requirements.

The ratio of support staff to person varies from 1:1 to 1:10.

Our service is based in the centre of town. (Also, garden allotments close to town).

Opening Hours: Monday to Thursday - 7am to 5pm

Fridays - 7am to 4pm

## How do we support?

Our mission is to provide training and supports to enable people to improve their quality of life through living, working and integrating within the community and to maximise their full potential.

The catchment area for Cluain Training & Enterprise Centre is South Tipperary.

Cluain Training & Enterprise Centre offers Rehabilitative Training, Day Services and Vocational Training options. We also operate Social Enterprises including a Restaurant and Hair Salon that offer employment opportunities.

Integral to all activities for each individual – needs assessment, programme/support planning, programme/support delivery, programme reviews. Each person we support has a key worker who is their primary support person.

Individual goals or outcomes are reviewed every month.

Our service offers Level 4 Major Award of Quality and Qualifications Ireland (QQI) training to attain qualifications via National Adult Literacy Agency (NALA).

Our service provides a person centred planning programme including customised/individualised educational programmes, training and supports for future employment and computer/technology training.

Our service provides good mental health/positive wellness programmes, anxiety and stress management and sensory strategies. Our chosen behaviour support models are highly individualised in partnership with the people we support and mental health services. Behavioural activation and CBT (Cognitive Behaviour Therapy) and DBT (Dialectical Behaviour Therapy).

People are supported to use public transport where possible. Other customised supports are designed and put in place as required by individuals, on an individual case basis.

Our service has access to a Multidisciplinary support team including Psychologist, Occupational Therapist, Speech and Language Therapist, Dietician and Behavioural Support. These can be accessed in partnership with the HSE, mainly through Mental Health Services.

Our service facilitates therapy supports including art, music, yoga and drama. Physical exercise (gym facility) and individual programmes are provided in service.

Our service provides activities including cooking/baking, art, gardening, music (learning to play and instrument) and photography.

Our service has access to local amenities including public transport, shopping centre, supermarket, park, cinema, cafe/restaurant, gym, banks, credit union, post office, library, swimming pool, museum, sports amenities, clubs, Citizen Information Centre, Social Welfare local office and Employability Service.

Our service provides opportunities to develop positive roles within the local community including volunteering work with Tidy Town, Animal Sanctuary and Charity shops. Also as valued customers in local shops and public transport users and library members.

Our service provides social activities including bowling, cinema, day trips and dance classes. Other social events may be requested by the people we support and are often organised by the Service User Committee.

Our service can link in with other service providers for reasons of co-operation and mutual 'in service' provision.

Our service does not provide any living arrangement options including Respite, Residential or Supported/Independent living.

Our service communicates with families as required and requested by the people we support.

## Note to Parents

Please feel free to contact us. We would be delighted to welcome you to visit Cluain Training & Enterprise Centre and to discuss the services and supports we offer.

Ronnie Corbett

052 6125328

[raacorbett@gmail.com](mailto:raacorbett@gmail.com)

## Who are we?

**Moorehaven Training Centre**

## Where are we?

O'Brien Street, Tipperary Town, Co. Tipperary.

## Who is the referral contact?

Contact: Manager – Derry McMahon

Telephone number: 062 52437

Email: [derry@moorehaven.ie](mailto:derry@moorehaven.ie)

## Who is the HSE referral contact?

Contact: Occupational Guidance Advisor, Disability Day Services, Cashel, Co. Tipperary.

Telephone number: 062 70473

MooreHaven Centre provides services and supports to adults who are referred to our service or are graduating from School Services to Adult Services. The areas covered by MooreHaven are South Tipperary & North Tipperary/Limerick Community Healthcare Organisation 5 & 3 (CHO 5 & CHO 3)

When Moorehaven receives a referral, we will contact you. Agreement from the relevant Health Service Executive (HSE) area is needed prior to commencing a placement in MooreHaven.

<https://www.moorehaven.ie/>

***For further information about this service please contact the Moorehaven Training Centre directly.***

## Who are we?

**Gateway Training Centre. (Brothers of Charity).**

## Where are we?

Brothers of Charity, Unit 1, Business Park, Cahir, Co. Tipperary.

## Who is the referral contact?

Contact: Manager – Gillian Darrer

Facilitator – Ciara Aylward

Telephone number: 052 7445160

Email: [gateway@tipperary.brothersofcharity.ie](mailto:gateway@tipperary.brothersofcharity.ie)

## Who is the HSE referral contact?

Contact: Occupational Guidance Advisor, HSE Disability Day Services, Cashel, Co. Tipperary.

Telephone number: 062 70473

**Going Forward Together** – (an extract from a 32 page Portable Document Format (PDF) about The Brothers of Charity ethos.

- The Brothers of Charity Services are committed to working with people with an intellectual disability to claim their rightful place as valued

citizens. Inclusion is a fundamental principle that underlies all aspects of our work.

- We believe in the intrinsic value of every person and we aim to further the dignity of all associated with our services. We want each individual to have wide opportunities for self-expression in home life, education, occupation, and leisure.
- We want everyone in our services to enjoy dignifying relationships and to have a sense of community.
- We are a learning organisation open to evolving ideas in service development. We implement the best of current trends in service provision.
- We affirm the rights of the person with a disability to a high standard of expertise in any service that he or she receives.
- We seek to empower people with a disability, their families and all those working with them. The greatest possible autonomy is given to each part of our services, while also maintaining a healthy interdependence. We create progressive and flexible organisational structures to support our fundamental objectives.
- We work in partnership with statutory bodies and are fully accountable for the services we provide. We actively seek the resources to create the range and quality of service which each individual requires.
- The Brothers of Charity Services are rooted in the values of the Christian gospel. Pastoral care is an integral part of our approach to service provision.

[http://www.brothersofcharity.ie/pdfs/service\\_ethos\\_01.pdf](http://www.brothersofcharity.ie/pdfs/service_ethos_01.pdf)

***For further information please contact this service directly.***

## Who are we?

**RehabCare.**

## Where are we?

RehabCare – Clonmel Resource Centre, Bridgewater House, The Old Waterford Road, Clonmel, Co. Tipperary.

RehabCare – The Suir Drop Resource Centre, Bridgewater House, The Old Waterford Road, Clonmel, Co. Tipperary.

RehabCare – Knocklofty Rural Day Service, Kilnamack West, Knocklofty, Clonmel, Co. Tipperary.

RehabCare – Hughes Mill, Clonmel, Co. Tipperary.

## Who is the referral contact?

RehabCare – Clonmel Resource Centre – Contact: Ailish Moran

Telephone number: 052 612 2817. Email: [ailish.moran@rehabcare.ie](mailto:ailish.moran@rehabcare.ie)

RehabCare – The Suir Drop Resource Centre – Contact: Niamh Corbett

Telephone number: 052 617 7600 Email: [niamh.corbett@rehabcare.ie](mailto:niamh.corbett@rehabcare.ie)

RehabCare – Knocklofty Rural Day Service

Telephone number: 052 613 8799

RehabCare – The Mill – Contact: Mary Simpson

Email: [mary.simpson@rehabcare.ie](mailto:mary.simpson@rehabcare.ie)

## Who is the HSE referral contact?

Contact: Occupational Guidance Advisor, Disability Day Services, Cashel, Co. Tipperary.

Telephone number: 062 70473

The RehabCare website can be accessed at: <http://www.rehabcare.ie/>

***For further information please contact the RehabCare directly.***

## Who are we?

### **Camphill Communities of Ireland**

## Where are we?

Camphill, Castle Street, Carrick-on-Suir, Co. Waterford

Journeyman, Ballinagrana, Carrick-on-Suir, Co. Tipperary

Grangemockler, Co. Tipperary

## Who is the referral contact?

### **Camphill, Castle Street, Carrick-on-Suir, Co. Waterford.**

Contact: Smadar O'Connor

Telephone number: 051 645080 or 087 272 3441

Contact: Day Services Coordinator – Joanne Tubbritt

Telephone number: 087 675 9197

Email: [joanne.tubbritt.carrick@camphill.ie](mailto:joanne.tubbritt.carrick@camphill.ie)

### **Journeyman, Ballinagrana, Carrick-on-Suir, Co. Tipperary**

Contact: Niamh Dunne

Telephone number: 051 641892

Email: [journeyman@camphill.ie](mailto:journeyman@camphill.ie)

### **Grangemockler, Co. Tipperary**

Contact: Day Services Coordinator – Michelle Keogh

Telephone number: 057 647 202 / 087 0959359

Email: [grangemockler@camphill.ie](mailto:grangemockler@camphill.ie) or [michelle.keogh.grangemockle@camphill.ie](mailto:michelle.keogh.grangemockle@camphill.ie)

## Who is the HSE referral contact?

HSE referral contact – Castle Street – HSE Disability Department Referrals for School Leavers

HSE referral contact – Journeyman – HSE Disability Department Referrals for School Leavers.

HSE referral contact – Grangemockler – Disability Manager, South Tipperary

***Paula Dwan is acting Disability Manager, South Tipperary, St. Luke's Hospital, Clonmel Co. Tipperary.***

Telephone number: 052 6177275

Email: [paula.dwan@hse.ie](mailto:paula.dwan@hse.ie)

## Who do we support? / How do we support?

### **Camphill, Castle Street, Carrick-on-Suir, Co. Waterford**

Our Day Service at Camp hill works on the therapeutic principle that working together to contribute to our own community and the wider community brings value and a sense of accomplishment to the people who use our service. We currently offer workshops in farming, gardening and estate work, cooking dinners, food processing which includes baking our dishes, drinks and jams, dried fruits, herbal teas etc., Art Workshop, weaver and B Nest Cafeteria and Craft Sales Work Shop. We work on a low arousal approach and people with a wide range of disabilities attend and progress in our service. In addition to progressing through workshops we enjoy the community spirit of Camp hill and we take part in community events and celebrations. Don't hesitate to contact us if you need further information and we are delighted to give more information and show people around on request.

### **Journeyman, Ballinagrana, Carrick-on-Suir, Co. Tipperary**

The Journeyman has developed as a 3 to 5 year programme for young people with learning and physical disabilities between the ages of 18 and 25 years. It provides a varied and practical curriculum in an environment in which young people can interact with their own peer group, mature and gain confidence before moving on to an adult working environment or further training.

## **Grangemockler, Co. Tipperary**

Our service is a farm-based day service where individualised support is provided to develop farm and/or horticultural skills, ranging from basic skill development to employment readiness. Access to other supports and programmes can be arranged through our partnerships with other day service providers.

Our service provides low to moderate support options. The ratio of support worker to person depends on the support needs of each individual and the group as a whole. Each referral is considered individually and a decision reached on whether the required level of support can be provided.

Our service supports each person to work towards their own individual goals. We support people with disabilities to choose a direction and pace for learning/acquiring skills that is right for them. These goals are regularly reviewed on an informal basis and formally reviewed annually.

Our service is currently introducing the Studio 111 behaviour support model which is an arousal approach to support people.

Our service is specifically a farm-based day service but people may choose not to attend full time as they may also wish to attend some of the following therapy supports on other days, for example, art therapy, music therapy, reflexology, yoga or drama.

Our service is a farm based rural location, approximately 15 minutes from Callan and Clonmel.

Our opening hours are Monday to Friday from 9.30am to 5.00 pm.

As we are rural based we focus on providing the farm-based day services. However, people may wish to access local facilities including public transport, shopping centre, supermarket, cinema, park, cafe/restaurant, bank, post office or library. These can be accessed through our partnership with another day service or by attending our service part time.

Our service can link in with other disability service providers to provide access to support areas not provided by our farm-based day service.

As we are rural based, the people we support don't usually leave during the day. However leaving our service during the day would be based on individual support needs.

Our communication with families is agreed at the commencement of placement and will be tailored to each individual supported by our service.

Our farm-based day service seeks to provide socially inclusive support and training opportunities for those with disabilities living in the area. We aim to provide an

exemplary model of a community-based progressive day service with social inclusion at its core.

We aim to support people to explore the option of a follow-on work placement on a social farm afterwards, if this is the right pathway for them. This creates a progression pathway in the community and enables local participation and social inclusion to develop.

***For any further information please contact this service directly.***

## Who are we?

**Damien House Services**

## Where are we?

Glennconnor Road, Clonmel, Co. Tipperary

## Who is the referral contact?

Contact: Manager - Eadaoin Brennan

Telephone number 052 6177464

Email: [eadaoin.brennan@hse.ie](mailto:eadaoin.brennan@hse.ie)

## Who is the HSE referral contact?

South Tipperary, Occupational Guidance Advisor, HSE Disability Services

Telephone number: 062 70473

## Who do we support?

This is a Health Service Executive (HSE) run service and provides a day service for people with Intellectual Disabilities and Autism. This service incorporates a therapeutic environment for clients with challenging difficulties.

***For any further information about this service please contact Damien House directly.***

## Who are we?

**Brothers of Charity Services Ireland, Clare Region.**

## Where are we?

**Brothers of Charity, Streetwise Programme, Unit 1 Clonroad Campus, Clonroad, Ennis, Co. Clare, V95DK46. (HSE Rehabilitative Training)**

*Other Service Locations: Please contact the services below directly for any further information.*

1. Brothers of Charity, Abbey House, Shannon, Co. Clare. (HSE Day Services Community – Shannon, Scariff and Killaloe).
2. Brothers of Charity, Head Office, Banner House, Ennis, Co. Clare. (HSE, Day, Residential, Respite).
3. Brothers of Charity, Hector Street, Kilrush, Co. Clare. (HSE Day, Rehabilitative Training).

## Who is the referral Contact?

**Streetwise Programme** - Contact: Moureen Kelly

Telephone number: 087 9433768

Email: [moureenkelly@clare.brothersofcharity.ie](mailto:moureenkelly@clare.brothersofcharity.ie)

### **OR**

Contact: Manager – Kevin Delaney

Telephone number: 086 8797627

Email: [kevindelaney@clare.brothersofcharity.ie](mailto:kevindelaney@clare.brothersofcharity.ie)

**Abbey House, Shannon, Co. Clare** – Contact: Regional Manager – Richard Collins

Telephone number: 061 366 844 or 087 6744550.

Email: [richardcollins@clare.brothersofcharity.ie](mailto:richardcollins@clare.brothersofcharity.ie)

**Head Office, Banner House, Ennis, Co. Clare** – Contact: CEO – Martina Rynne

Telephone number: 065 6849400 or 087 2790889

Email: [martinarynne@clare.brothersofcharity.ie](mailto:martinarynne@clare.brothersofcharity.ie)

**Hector Street, Kilrush, Co. Clare** – Contact: Mary Killeen, Instructor

Telephone number: 065 905 2532 or 064 905 2299

Email: [marykilleen@clare.brothersofcharity.ie](mailto:marykilleen@clare.brothersofcharity.ie)

## Who is the HSE referral contact?

Occupational Guidance Adviser Mid-West:

Contact: James Galvin

Telephone number: (061) 461455 / (065) 6863772 / 086 2806863

Email: [james.galvin@hse.ie](mailto:james.galvin@hse.ie)

## Who do we support? (Streetwise Programme)

Our service supports people with Autism (varied support requirements), Physical Disability, Sensory Disability (deaf or visually impaired), Acquired Disability (through injury or illness) and people diagnosed with Mental Health support requirements (if they have a diagnosis of an Intellectual Disability).

Our service provides support for people with both high and low support needs. Our ratio of support staff to person varies between services and an individual's needs. Support needs vary from a ratio of 1:1 to 1:8.

Our service is located in the town centre.

Our service opening hours are Monday – Friday 10am – 4pm.

## How do we support? (Streetwise Programme)

Our service provides QQI training. The levels include 1-4.

Our service is New Directions Compliant which means we use a Person Centred Plan as the basis for individualised services.

Our service provides customised/individualised educational programmes. We provide training and supports for future employment. Computer and Technology training.

Our service supports people to use public transport (where possible).

Our service provides good mental health and positive wellness programmes. We also provide training in Sensory Strategies and Stress Management. Our service's chosen behaviour support models are – Management of Actual or Potential Aggression (MAPA) or Behaviour Intervention Team (TCNJ).

Our service provides access to a support team including a Psychologist, Occupational Therapist, Social Worker and Behavioural Support.

Additional therapy including art, music, reflexology, yoga or drama will be explored should a need/wish by the person we support arise. We endeavour to promote and encourage a person's skills and personal interests within the service and within the community where possible.

Our service has access to local amenities including shopping centre, supermarket, cinema, park, cafe/restaurant, gym, banks, credit unions, post office and library.

Our service provides opportunities to develop positive roles for people within the local community. Using local shops, availing of public transport, as members of the library and volunteering opportunities.

Our service provides many activities including cooking/baking, art, gardening and music. We also provide social events including bowling, cinema, day trips, dance class and pub outings. Monthly discos are arranged by the Local Advocacy group. All of the listed options are available to people, once there needs/ interests are identified.

As a service the people we support are allowed to leave during the day independently, in a group, in a group supported by staff or only with support staff. All of the listed options are available based on a person's support needs.

Individualised learning goals or outcomes are reviewed at our quarterly individual training meetings and our annual Person Centred Planning review.

Respite options are available. These include full residential support, supported accommodation and independent living options.

Our service communicates with families using written notes, text email, phone call, person to person and Face book. Contact with families takes place daily or weekly, (subject to prior agreement).

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## Who are we?

### **Brothers of Charity, Limerick Region (Limerick City, West Limerick)**

HSE Day/Residential/Respite services.

## Where are we?

Limerick City , Blackberry Park, Dock Road Limerick - 061 308149

**West Limerick, Bawnmore Limerick – 061 412288**

## Who is the referral contact?

Contact: May Phillips, Head of Community Services.

Telephone number: 061487094

Email: [mayphillips@limerick.brothersofcharity.ie](mailto:mayphillips@limerick.brothersofcharity.ie)

### **OR**

Contact: Fiona Ryan, Senior Instructor, Lonsdale Day Service

Telephone number: 087 947 7231.

Email: [fionaryan@limerick.brothersofcharity.ie](mailto:fionaryan@limerick.brothersofcharity.ie)

## Who is the HSE referral contact?

Occupational Guidance Advisor

Contact: Triona Ryan

Telephone number: 061 461263 / 065 6863772 / 087 9076324

Email: [triona.ryan@hse.ie](mailto:triona.ryan@hse.ie)

## Who do we support?

Our service provides support for people with Autism (with lesser and more support requirements), Physical Disability (a person unable to use stairs), Sensory Disability (deaf and/or visually impaired) and people with Mental Health support requirements.

Our service offers a range of high, moderate and low support options.

The ratio of staff to person support ranges from 1:1 (depending on the person) to 1:8.

Our services are based within town limits, city limits and the centre of town. Our Opening Hours are Monday to Friday from 9am-5pm.

## How do we support?

Our service uses a person centred planning approach. The Day Service is new Directions compliant and each individual has their own Person Centred Plan (PCP) created with the support of a key worker. The plan is reviewed quarterly and renewed yearly. This plan is used to devise an individualised timetable and support the person to work towards achieving their goals.

Our service does not provide Quality and Qualifications Ireland (QQI) Training via NALA (National Adult Literacy Agency).

Our service provides customised/individualised educational programmes, training and supports for future employment, access to a Job Coach and computer/technology training,

Our service provides good mental health and positive wellness programmes.

Our service provides access to referrals to a Multidisciplinary Team (MDT) regarding anxiety and stress management. Our service provides access to a Psychologist, Social Worker.

Our service' chosen behaviour support model is MAPA (Management of Actual or Potential Aggression) (our service will be glad to go through the aspects of this support model with you).

There are a wide variety of person led programmes available depending on interests. A sample of activities are, yoga, drama, singing, art, mindfulness, horse riding, reflexology, baking, life skills, personal development, gym, walking groups, health promotion and swimming.

Our service has access to local facilities and amenities including Public Transport, Shopping centre, Supermarket, Cinema, Park, Cafe/restaurant, Gym, Banks, Credit Union, Post office, Library, University of Limerick Sports Arena, Southill Community Centre Hall, Our Lady of Lourdes Community Centre and Castle Oaks swimming pool and gym.

Our service provides opportunities for social events including bowling, cinema, day trips and pub outings.

Our service provides opportunities to develop positive roles within the community as valued customers in local shops and are supported to use all modes of available public transport.

The people supported by our service are allowed to leave during the day, independently, in a group and in a group supported by staff depending on the support needs of the person.

Our service provides a 'drop in' service for individuals who have low support needs.

Our service links in with other disability service providers. The group meet with friends from other services for coffee, if they arrange a dance or events such as Men on the Move or while taking part in courses, for example, LIT (Limerick Institute of Technology) Leadership and Advocacy programme.

Living arrangement options are available including:

- Residential Full/Share.
- Supported Accommodation.
- Independent Living.

For further information regarding these options:

Name of Contact: May Phillips, Head of Community Services

Telephone number: 061 487094

Email: [mayphillips@limerick.brothersofcharity.ie](mailto:mayphillips@limerick.brothersofcharity.ie)

Our service communicates with families depending on the situation and preferred method agreed between our service and the family and always bearing in mind the wishes of the adult being supported.

## Who are we?

### Enable Ireland Adult Services

## Where are we?

1. Tyone, Nenagh, Co. Tipperary.
2. Quinn's Cross, Mungret, Limerick.
3. Clon Road, Business Park, Ennis, Co. Clare.

## Who is the referral contact?

Occupational Guidance Adviser Mid-West

Contact: James Galvin, HSE, Derg Centre, Nenagh, Co. Tipperary

Telephone number: 061 461455 / 065 6863772 / 086 2806863

Email: [james.galvin@hse.ie](mailto:james.galvin@hse.ie)

### **OR**

Contact: Dolores Ryan

Telephone number: 061 301830

Email: [dryan@enableireland.ie](mailto:dryan@enableireland.ie)

## Who is the HSE referral contact?

Occupational Guidance Adviser Mid-West

Contact: James Galvin, HSE, Derg Centre, Nenagh, Co. Tipperary

Telephone number: 061 461455 / 065 6863772 / 086 2806863

Email: [james.galvin@hse.ie](mailto:james.galvin@hse.ie)

## Who do we support?

Enable Ireland Adult Services supports people with physical and sensory disabilities.

Our service offers high, moderate and low support to meet individual needs.

The ratio of staff to person is 1:2.

Our services are based within the city limits and the centre of town. Our opening hours are Monday – Friday, 9am -5pm.

## How do we support?

Our service is New Directions Compliant which means we use a Person Centred Plan as the basis for individualised services.

Our service provides customised/individualised educational programmes. We provide training and supports for future employment.

Good mental health and positive wellness programmes. We also provide training in Sensory Strategies and Stress Management. Also, where possible, we support people to use public transport.

Our service provides access to a Multidisciplinary support team including, Psychologist, Occupational Therapist, Speech and Language Therapist, Social Worker, Dietician, Behavioural Support and Intellectual Disability (ID) Nurses.

Additional therapy supports include art, music, yoga and drama. We also provide activities including cooking/baking, art, gardening and music (learning to play an instrument).

Our service has access to local amenities including Public Transport service, Shopping centre, Supermarket, Cinema, Park, Cafe/restaurant, Gym, Banks, Credit Union, Post office and Library.

Our service provides opportunities to develop positive roles for people within the local community offering volunteering opportunities locally, as a valued customer in local shops, using public transport and as members of the local Library.

Our service provides social events including bowling, cinema outings, day trips, dance classes and pub outings.

As a service the people we support are only allowed leave the service with support staff.

Individualised learning goals or outcomes are reviewed as required.

Our service does not offer any living arrangement options including respite, residential, supported accommodation or independent living.

Our service communicates with families by email, phone call or person to person as required.

## **Note to Parents**

I would be happy to discuss the service we provide with any family that is interested in our service.

*Dolores Ryan*

[dryan@enableireland.ie](mailto:dryan@enableireland.ie)

## Who are we?

### Headway, Brain Injury Services and Supports

## Where are we?

1. Blackhall Green, Blackhall Place, Smithfield, Dublin 7. D07RX67.  
(Telephone number: 01 604 0800)
2. Florence Lodge, Strand Road, Dublin. D04 CX30.  
(Telephone number: 01 218 0744)
3. ACE Enterprise, Bawnogue Road, Dublin. D22R853  
(Telephone number: 1890 206 278)
4. 9-11 Upper William Street, Limerick. V94 K702  
(Telephone number: 061 4690306)
5. B3, Link Road Business Park, Carrigrohane, Ballincollig, Co. Cork.  
(Telephone number: 021 487 1303)
6. Kenny Group House, Carrigrohane Road, Sunday's Well, Cork. T12VPP0.  
(Telephone number: 021 434 7625)
7. Fairies Cross, Medical Centre, Cloonalour, Tralee, Co. Kerry.  
(Telephone number 066 711 9320)

## Who is the referral contact?

Contact: You can self refer.

Contact Details: For information and confidential support contact our Helpline.

Telephone number: 1800 400 478

Contact Person/Manager: You will be directed by our helpline as to how to progress and who your contact person should be depending on your location.

Email: [info@headway.ie](mailto:info@headway.ie)

## Who is the HSE referral contact?

You can self refer, a member of your family can refer you or your doctor. There is no need to look for a referral from the HSE.

## Who do we support?

Our service supports people with acquired brain injury – an acquired brain injury can be caused by stroke, brain haemorrhage, an infection, a tumour, an accident, a lack of oxygen or drugs and alcohol abuse.

You can self refer, a member of your family can refer you or your doctor. There is no need to look for a referral from the HSE.

Our service provides moderate and low support options.

We are based within the city limits. Opening hours are Monday – Friday, 10am-4pm.

## How do we support?

All our Headway centres have the Quality and Qualifications Ireland (QQI) mark. Our targeted QQI certification modules help people living with brain injury develop skills based on areas of interest and need. Our service provides Level(s) 3 and 4 of QQI training.

Our service provides customised/individualised educational programmes, training and supports for future employment, computer/technology training, good mental health/positive wellness programmes, personal development education and stress management.

Our Headway vocational team helps people who have barriers to work, prepare for, enter and succeed in the workforce. They assess each person and design individually tailored steps to help them achieve their goals. Each of our vocational programmes is designed to provide insight and increase self-awareness, identify interests and explore practical career options and goals post injury. All of our programmes seek to empower people to reach their optimum level of independence and self-management.

Our service offers a person centred planning approach through individualised assessment of need and the development of agreed goals in the form of an individual service plan, agreed between the person and Headway staff.

At Headway, we recognise that life after a brain injury can be overwhelming for both survivor and family members. We deliver flexible and person centred services crafted to respond to their needs, providing the highest standards of rehabilitative and psychological support needed to improve their quality of life. We invite the survivor and a family member, carer, partner or other person who knows you well for

an initial appointment. This is their chance to say what type of help they are looking for and our chance to meet and establish how best we will be able to help. From the initial assessment, services will be tailored based on their need and their own goals for recovery.

Every month Community Rehabilitation regarding individualised goals are reviewed. Our service provides access to a Psychologist. Psychology and Rehabilitation are reviewed every six months.

Regarding therapy supports we offer a wide range of psychological interventions, including assessment, therapy and counselling as well as information and support.

Our service has access to local facilities and amenities including Public Transport, Supermarket, Cinema, Park, Cafe/restaurant, Gym, Banks, Credit Union, Post office and Library.

Our service provides social events including bowling, cinema and day trips.

Our service also provides activities including cooking/baking, art, gardening, a choir and music therapy.

Headway provides opportunities, to the people it supports, to develop positive roles within the community e.g. becoming a volunteer museum assistant at the National Museum of Ireland, as valued customers in local shops, travel training for those who want to avail of public transport and use of the public library.

On occasion our service will 'link in' with another service providing support for a person we support if they are involved in a person's living situation or providing some other aspect of therapy, then, we regularly participate in case conferences and liaise with other providers around the person's needs.

The people we support can leave the service independently during the day.

Our service does not offer any living arrangement options, residential options or supported, shared or independent living options.

Our service communicates with families by written notes, text, email, phone call and person to person, depending on the situation and preferred method agreed. We run regular family education sessions and support groups. These run on a monthly basis in all our centres.

## Note to Parents

When someone suffers a brain injury, it doesn't just happen to them, it happens to the whole family. After a brain injury, families can face challenges that other people don't see. At Headway, we understand that when a family member has a brain injury, a lot of extra responsibility can fall on the shoulders of family members.

We are here to help. If you need our support you can avail of family support and counselling, apply for our services, contact our Information and Support Helpline or download information from our website at [headway.ie](http://headway.ie). Taking care of yourself is as important as looking after the injured person.

## Who are we?

**Festina Lente**

## Where are we?

Old Connaught Avenue, Bray, Co. Wicklow.

## Who is the referral contact?

HSE Disability Manager in your CHO (Community Healthcare Organisations) area

**OR**

Contact Person/Manager: Sabrina Tierney

Telephone number: 087 9633348

Email: [sabrina.tierny@festinalente.ie](mailto:sabrina.tierny@festinalente.ie)

## Who is the HSE referral contact?

Your CHO (Community Healthcare Organisations) area Disability Manager

## Who do we support?

Our organisation supports people with Autism (with a varied range of support requirements), Physical Disability, Sensory Disability (deaf or visually impaired), Acquired Disability (through illness or injury) and people diagnosed with Mental Health support requirements.

Our service provides support options from moderate to low support and the ratio of staff to person is dependent on and person's support needs.

Our service is based within town/city limits.

Opening hours: Monday: 10.30am – 3.30pm

Tuesday: 9.00 am – 3.30pm

Wednesday: 9.00am – 3.30pm

Thursday: 9.00am – 3.30pm

(Timetable for learners attending)

Staff onsite from 8am – 4.30pm. Monday to Friday.

## How do we support?

Our service uses a person centred approach. Each person has a time table that has been developed with the individual in line with their needs and wishes. People also have and Individual Person Centred Planning Meeting and create individual goals which they are supported to achieve.

Our service offers Quality and Qualifications Ireland (QQI) Level 3 in General Learning and QQI Level 4 Award in Horsemanship to attain qualifications via National Adult Literacy Agency (NALA).

Our service offers customised/individualised educational programmes, training and supports for future employment and computer/technology training. Our service offers support programmes including Art, Life Skills Programmes, Literacy, Driving Skills, Drama, Hill-walking, Sports, Horse Riding, Kayaking and Gardening.

Our service offers good mental health/positive wellness programmes, anxiety and stress management, sensory strategies and a behaviour support model, MEBS (Multi Element Behaviour Support) (we would be glad to go through this behaviour support model with you).

Our service supports people to use public transport (where possible).

Our service provides access to a multidisciplinary support team including a Psychologist (can be attained privately), Social Worker, Dietician and Behavioural Support (provide by our service).

Alternative therapy supports including Art and Music can also be sought privately. Our service provides access to yoga and drama.

Our service provides activities including cooking/baking, art, gardening, music (learning to play a musical instrument e.g. drumming) and photography.

Our service has access to local amenities including Public Transport, Shopping centre, Supermarket, Cinema, Park, Cafe/restaurant, Gym, Banks, Credit union, Post office and Library.

The people we support can leave the service independently during the day.

Our service provides opportunities to develop positive roles within the community through volunteering opportunities – many of the men and women are engaged in different forms of volunteering e.g. After School Support Volunteer, Companionship for the Blind, reading in nursing homes, volunteering with riding school, tidy towns and Shoe Box Appeal checkers. The people we support are valued customers in local shops, public transport and library users.

Our service links in with other disability services to accommodate shared learning opportunities and opportunities for the people we support to socialise with people outside of our organisation.

Our service provides social events including bowling, cinema, day trips, dance classes, pub outings, usually for Christmas lunch and weekends away.

Our services reviews individualised learning goals and outcomes every three months with the individual and annually with family and support persons.

Living arrangement options are not available.

Our service communicates with families depending on the situation and preferred method agreed between our service and the needs and the wishes of the person we support.

## Note to Parents

Festina Lente is a very unique place with a great sense of community. It is a great option for people who like the outdoors as we have a walled garden and horticulture projects. We also have 36 horses on site for those interested in animals. Our services are very person centred and supportive while empowering the men and women we support to achieve their individual goals. We have an excellent team of staff who are extremely dedicated to the work they do in empowering their clients to reach their potential.

Access the Festina Lena Website for further information. Available at:  
<https://festinalente.ie/>

## Who are we?

**Disability Services, HSE (Health Service Executive)**

## Where are we?

National

## Who is the referral contact?

**Louise Carey**, Disability Services Officer (Case Manager, Limerick) South West Wing, St. Joseph's Hospital, Mulgrave Street, Limerick.

Telephone number: 061 461131

Email: [louise.p.carey@hse.ie](mailto:louise.p.carey@hse.ie)

**Seamus Dileen**, Assistant manager, HSE Mid-West Area, Training Services Limerick, Dooradoyle, Limerick

Telephone number: 061 482469

Email: [seamus.killeen@hse.ie](mailto:seamus.killeen@hse.ie)

**Donal Cooper**, Instructor, HSE Mid-West Area, Gortboy Training Centre, Newcastlewest, Co. Limerick

Telephone number: 069 61477

Email: [donal.cooper@hse.ie](mailto:donal.cooper@hse.ie)

**Denise Wynne**, Manager, HSE, Mid-West Area, Dulick Enterprise Centre, Gort Road, Ennis, Co. Clare

Telephone number: 065 6863722, 6863728

Email: [denise.wynne@hse.ie](mailto:denise.wynne@hse.ie)

**Bridget Walsh**, HSE Case Manager Disabilities, Dunlick Centre, Gort Road, Ennis, Co. Clare

Telephone number: 065 6863785

Email: [bridgetm.walsh@hse.ie](mailto:bridgetm.walsh@hse.ie)

**Nuala Kelly**, HSE Area Manager, CHO 3 (Community Healthcare Organisations),  
Mid-West Limerick, St. Joseph's Limerick.

Telephone number: 061 461136

Email: [nuala.kelly@hse.ie](mailto:nuala.kelly@hse.ie)

## Who is the HSE referral contact?

*All HSE contact information is listed above*

## Who do we support?

Disability Services, HSE, is not involved with service delivery but does support people to obtain services and also provides funding for same.

Disability Services, HSE provides opportunities to obtain potential services for people with Autism (with varying support requirements), Physical Disability Sensory Disability (deaf or visually impaired), Acquired Disability (through illness or injury) and people diagnosed with Mental Health support requirements.

Disability Services, HSE, provides opportunities to obtain services that provide customised/individualised training, training and supports for future employment, computer and technology training, good mental health and positive wellness programmes, personal development education programmes, access to sensory strategies and stress management.

Disability Services, HSE, provides opportunities to obtain services that can support people using public transport (where possible)

Disability Services, HSE opening hours are Monday to Friday from 9am – 5.30pm.

## How do we support?

Disability Services, HSE, are not involved in service delivery. This service supports people to obtain services and provides access to funding. Support options (high, moderate, low support and ratio of support staff to person) is based on need. A completed Assessment of Needs and a proposal are compiled to secure funding for an appropriate service.

Agencies contracted to provide the service would then decide on the most appropriate approach (bearing in mind the wishes of the person they are supporting) regarding person centred planning, individualised goals and outcomes, access to multidisciplinary support team (if available), therapy supports, opportunities to develop positive roles within the community, activities and social events.

## Note to Parents

“It can be very difficult for parents. The transition from children to adult services in particular is difficult as there are not the same supports for adults. I would recommend to contact the service before your child turns 18 so that we can prepare for what supports will be required”. *Louise Carey, Disability Services Officer (Case Manager, Limerick) South West Wing, St. Joseph’s Hospital, Mulgrave Street, Limerick.*

## Who are we?

South Tipperary Supported Employment Project C.L.G. (Company Limited by Guarantee) trading as **EmployAbility Service South Tipperary**.

## Where are we?

25 Gladstone Street, Clonmel, Co. Tipperary.

## Who is the referral contact?

Contact: Jimmy Cass

Telephone number: 052 6129465

Email: [info@employabilitysouthtipp.ie](mailto:info@employabilitysouthtipp.ie)

## Who do we support?

We support people with Autism (with lesser support requirements), Physical Disability, Sensory Disability (deaf or visually impaired), Acquired Disability (through illness or injury), and people with Mental Health support requirements.

Our service communicates directly with the person. Learning goals and outcomes are reviewed as when and where appropriate.

Our opening hours are (by appointment): Monday to Friday 9am – 5pm.

## How do we support?

EmployAbility Service South Tipperary is an employment and recruitment service open to people between the ages of 18 to 65 years who have a disability including those recovering from injury or illness, who are already *job ready* and need the support of a Job Coach to secure and maintain employment in the open labour market. We provide a range of supports to both employers and people with a disability. The supports do not include a P.A. service. The participant can avail of

the service for up to 18 months. Employment must be in the open labour market and defined as working a minimum of 8 hours a week.

*Job ready – A person who has had the necessary training, education , motivation and ability to pursue work/career in the open labour market and if needed have access to transport to get to and from work.*

## **Other Locations:**

EmployAbility Service, North Tipperary

Contact: James Ryan

Address: 4-5 Sarsfield Street, Nenagh Co. Tipperary.

Telephone number: 067 37896 or 087 9975332

Email: [employabilitynorthtipp@gmail.com](mailto:employabilitynorthtipp@gmail.com)

## Who are we?

**Ability Programme.**

## Where are we?

**Ability Programme, North Tipperary**, Thurles Office, Youth Work Tipperary, Croke Street, Thurles, Co. Tipperary.

Supporting young people with disabilities aged between 15 and 24 years.

Telephone: 0504 23426

**Ability Programme, South Tipperary**, Knockanrawley Resource Centre, Knockanrawley, Tipperary Town, Co. Tipperary.

Supporting young people with disabilities aged between 15 and 29 years.

Telephone: 062 52688

## Who is the referral contact?

### **Ability Programme Coordinators, North Tipperary**

Contact: Donal Kelly

Telephone: 086 7744564

Email: [donal.kelly@youthworktipperary.ie](mailto:donal.kelly@youthworktipperary.ie)

Contact: Tommy Dorney

Telephone: 083 1792999

Email: [tommy.dorney@youthworktipperary.ie](mailto:tommy.dorney@youthworktipperary.ie)

Contact: Ciara Farrell

Telephone: 083 0612656

Email: [ciara.farrell@youthworktipperary.ie](mailto:ciara.farrell@youthworktipperary.ie)

## **Ability Programme Coordinators, South Tipperary.**

Contact: Centre Manager – Emer Leahy

Telephone: 062 52688

Contact: Ability Project Coordinator – Dave O’Callaghan

Email: [abilityknockanrawley@gmail.com](mailto:abilityknockanrawley@gmail.com)

Contact: Job Coach – Oonagh Murphy

Email: [krcjobcoach@gmail.com](mailto:krcjobcoach@gmail.com)

## **Who do we support?**

The Ability programme works with young people with a range of disabilities who would like support transitioning to the work place. It may be best suited to young people who experience;

- Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD).
- Autistic Spectrum Disorder (including Asperger’s Syndrome)
- Developmental Coordination Disorder (DCD) – Dyspraxia.

In order to participate in the Ability Programme a person must have one of the following requirements:

1. You are getting a disability allowance, invalidity pension or illness benefit for more than three months; or
2. You are an existing service user or client of a disability organisation that has the Ability Programme; or
3. You were referred by relevant organisations or services that support people with disabilities to one of the 27 organisations that has the Ability programme.

*If you are unsure of your eligibility, feel free to contact an Ability Coordinator for more information.*

## How do we support?

If you take part in Ability, you will get support to help you . Examples of the type of support we might be able to give include:

- Information and advice
- Support to develop your skills
- Help to settle into a job
- Help to take part in activities in your community
- Help you to feel more confident and independent
- Help you move between different education, training and employment settings
- Help you take part in local community life

If you would like to be in a paying job, the Ability Programme can help you achieve your goal. Ability helps young people to find suitable education, training and employment.

# IRISH ASSOCIATION OF SUPPORTED EMPLOYMENT (IASC)

## TIPPERARY SERVICES

### South Tipperary Supported Employment

Contact	Jimmy Cass
Operational Area:	South Tipperary
Address:	11 Nelson Street, Clonmel, Co. Tipperary
Phone:	052 6129465
Mobile	086 0610573
Email:	<a href="mailto:stsep@eircom.net">stsep@eircom.net</a>
Disabilities:	Mental, Physical, Sensory, Hidden, Intellectual, Asperger's Syndrome, Autism

### North Tipperary Supported Employment

Contact:	James Ryan
Operational Area:	North Tipperary
Address:	4-5 Sarsfield Street, Nenagh, Co. Tipperary
Phone	067 37896
Mobile:	087 9975332
Email:	<a href="mailto:ntsup@eircom.net">ntsup@eircom.net</a>

### Nagle Centre, Cashel Town, Co. Tipperary

Contact:	Marie Blake
Operational Area:	Tipperary
Address:	Brothers of Charity Services, Canopy Street, Cashel, Co. Tipperary
Phone:	062 62383
Email:	<a href="mailto:mblake@brothersofcharity.ie">mblake@brothersofcharity.ie</a>
Disabilities:	Intellectual, Autism

### Moorehaven Centre, Tipperary Town

Contact:	Janine Duffy (Training Coordinator)
Operational Area:	Tipperary
Address:	Moorehaven Centre, O'Brien Street, Tipperary Town
Phone:	062 80283

## **A short guide to Accreditation**

### **What is Quality and Qualifications Ireland (QQI)?**

Quality and Qualifications Ireland (QQI) is a new agency which has incorporated the Further Education and Training Awards Council (FETAC), the Higher Education and Training Awards Council and the National Qualifications Authority of Ireland.

QQI is responsible for the external quality assurance of further and higher education and training. It makes awards for these sectors and validates programmes for providers. QQI is also responsible for the maintenance, development and review of the National Framework of Qualifications (NFQ).

### **What is accreditation and why is it important?**

Accreditation is the formal recognition of what a student has learned.

As a student, having accreditation or a qualification has lots of benefits. Not only does it give a student a sense of personal achievement and show what they have learned, but achieving accreditation may also allow the student to progress to further education and training or better employment opportunities.

### **How does a student get accreditation?**

In Ireland, there are many ways to get accreditation. While many young people go to primary and secondary school, and some do examinations to get a Junior or Leaving Certificate, others now choose to learn online or with different education providers to get specific qualifications and training more relevant to their needs and interests. Accreditation will allow you to achieve an award, for example a Certificate, Diploma or Degree.

### **How does a tutor help a student to achieve accreditation?**

A tutor needs to look at the award specifications and Learning Outcomes (LO's) to guide the student. The tutor must ensure that the student has the opportunity to achieve each learning outcome.

If the centre where the tutor is working has developed a programme for their centre or ETB (Education and Training Board), then the tutor and the student must check the Accreditation Support person, ALO (Accreditation Liaison Officer) or Centre Manager about appropriate supports. Different providers will have set out different approaches in their programmes.

### **How to decide what level a student is at?**

Tutors should ask their ALO or Centre Manager about which initial assessment process their centres use. It can be difficult to correctly assess learning needs and levels. For example, a student could be at Level 3 in reading and writing and Level 2

for numeracy. Usually when a tutor assesses a student's learning needs, he or she talks to the student about their:

- Learning goals,
- Educational attainment to date, and
- Strengths and gaps in their literacy and numeracy skills and competencies.

The tutor and student can agree a learning plan, which may or may not include working towards accreditation. This depends on whether the student is interested in getting certification for their learning.

Level 10	<b>Doctorate:</b> Several years of self-directed study and research
Level 9	<b>Masters:</b> A 1-2 year course taken after a Level 8. <b>Post-graduate Diploma:</b> A 1 year course taken after a Level 8
Level 8	<b>Higher Diploma:</b> A 1 year course taken after a bachelor degree. <b>Honours Bachelor Degree:</b> Usually a 3/4 year course in college.
Level 7	<b>Ordinary Bachelor Degree:</b> Usually three years of study in college.
Level 6	<b>Higher Certificate:</b> Leads to employment or higher education. <b>Advanced Certificate:</b> Training in work-specific skills.
Level 5	<b>Level 5 Certificate:</b> Two years of study, usually aimed at employment.
	<b>Leaving Certificate:</b> A general education award placed at Levels 4 and 5
Level 4	<b>Level 4 Certificate:</b> Training in personal or work related skills
Level 3	<b>Junior Certificate:</b> A general education award placed at Level 3. <b>Level 3 Certificate:</b> Training in specific personal/practical skills and knowledge.
Level 2	<b>Level 2 Certificate:</b> Training in basic literacy, numeracy and general knowledge.
Level 1	<b>Level 1 Certificate:</b> Training in fundamental literacy and numeracy.

## National Framework of Qualifications (Figure 1)

## **The National Framework of Qualifications (NFQ)**

The NFQ is a system of ten levels (see Figure 1). Each level is based on nationally agreed standards setting out what a person is expected to know and be able to do following a process of learning. QQI oversees and regulates accreditation in Ireland.

This Framework brings greater clarity to the Irish education and training system, making it possible for learners, employers and providers to understand and compare different types of qualifications. All QQI awards already have a specific placing on the national framework between levels 1 and 6, allowing QQI award holders to progress more easily within the system.

Whatever or wherever your student wants to learn, the National Framework of Qualifications (NFQ) makes it easier for them to explain to others what qualifications they have, or are studying for. This becomes very important when they are considering further learning or when they are applying for a job – at home or abroad.

## **The Common Awards System**

The Common Awards System is a structured award system for the further education sector where the focus is on the outcomes of learning. The awards share characteristics, such as a common format. The Common Awards System applies at Levels 1-6 of the NFQ. Standards of knowledge, skill and competence are expressed as learning outcomes (LO's). Students' work is assessed, and if it meets the requirements, they will receive an award.

### **How does a student get accreditation through the Common Awards System?**

One benefit of the Common Awards System is that there is no set curriculum. There are instead, a set of Los (Learning Outcomes) around which providers can develop programmes to suit their students' needs. Student's work is assessed, and if it meets the requirements, they will receive an award. This may be a major, minor, special purpose or supplemental award.

Minor awards are known as the building blocks of the common awards system. They are also known as components because they are part of a broader set of requirements for a major award. Many students work towards a major award by accumulating minor awards at a time and pace that suits their own personal commitments.

A Major award, often called 'the Full Certificate' is generally achieved through the accumulation of a number of minor awards. For example, there are 20 credits for an award at Level 1. Most minor awards (components) at Level 1 offer 5 credits but there is a 10 credit component. Therefore it takes 3, or more likely 4 minor awards to achieve a major award at Level 1.

30 credits are needed at Level 2 and 60 credits are needed at Level 3.

Some components are mandatory. They may be grouped in 'pools' to give flexibility and choice.

### **What are the steps involved in providing accredited learning to students at Levels 1 to 3?**

The Award Specification for the Level 2 Certificate in General Learning describes it this way: 'An award at Level 2 reflects basic learning with well supported direction'. This means that tutors can 'support' students to an extent towards the achievement of accreditation at Level 2. However, at Level 3, it is expected that the students will be able to work independently of the tutor.

### **Progression from Level 2 to Level 3**

While it is logical to see Level 3 following Level 2, when tutors review the LOs (Learning Outcomes) contained in minor award specifications, they will see significant differences between levels. Just because a learner completes a Level 2 award, it does not follow that they will automatically be capable of achieving an award at Level 3. So, some students might find it too much of a 'jump' to immediately begin working on the Level 3 award. The tutor, in consultation with the student, needs to decide this. They might decide to work on reinforcing Level 2 skills for a while before moving up to Level 3.

### **Can a student combine awards from two different providers or centres?**

Yes, a student's successes are recorded in the QQI Business System (QBS). If a student has already achieved awards through one provider or centre, this will be evident in the QBS, and the provider/centre may apply for major awards if appropriate.

### **What is [www.writeon.ie](http://www.writeon.ie) ?**

NALA (National Adult Literacy Agency) developed WriteOn.ie through its Distance Learning Service. This website is for Level 2 and Level 3 adult students. It allows adults to achieve nationally recognised awards (if they wish) through using this site. Using this site, students can study in private, at their own pace and in their own time. Users of the site can have their skills assessed across a number of areas and then be offered an individual learning plan to improve these areas. At the end of the learning phase, users have the chance to have their skills assessed and request a national qualification. This is the first time that accreditation at these levels has been offered in Ireland using the internet.

NALA's [www.writeon.ie](http://www.writeon.ie) site has dealt with students in 180 learning centres across Ireland, as well as independent and distance learners. In 2013, over 14,000 different people used the site for an average of 22 minutes per visit. Writeon had three rounds of accreditation in 2013, providing 4,842 Level 2 minor awards and 729 Level 3 minor awards to over 700 students.

Set up a free account on [www.writeon.ie](http://www.writeon.ie) for further information. Look at the videos in the 'Help' section or on NALA'S YouTube channel at:

<http://www.youtube.com/watch?=&MNvbfqD5mOo>

**Why is NALA a provider? [www.writeon.ie](http://www.writeon.ie)**

NALA recognised that some people wanted to study in their own home. We wanted to offer accreditation to the distance learners under the new Common Awards System. To do this, we needed to become a registered provider with QQI. As a result, we launched [www.writeon.ie](http://www.writeon.ie) in September 2008 to offer accreditation and recognition of prior learning to our distance learners and those studying independently. We added Level 3 accreditation to WriteOn in 2010. Since then, we have found many literacy centres and other locations have contacted NALA to use WriteOn for accreditation in blended learning contexts. It was never intended for WriteOn to work with existing providers, but this is something that has proved very successful since 2009. NALA sends certificates back to registered centres and those centres can then note the certification in any official returns to the Department of Education and Skills if required.

Level 1	Level 2	Level 3	Level 4
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Computer Skills	Computer Skills	Habitats	Computer Applications
Data Handling	Data Handling	Self Advocacy	
Listening and Speaking	Listening and Speaking	Drama	Information Technology Skills
Reading	Reading	Computer Literacy	
Writing	Writing	Nutrition and Health Options	Workplace Safety
Quantity and Number	Quantity and Number	Nutrition and Health Options	Personal and Interpersonal Development
Personal Care	Personal Care	Personal Effectiveness	Personal Effectiveness
Setting Learning Goals	Setting Learning Goals	Work Experience	Work Experience
Food Choice and Health	Food Choice and Health	Woodwork	
Health Related Exercise	Health Related Exercise	Office Procedures	General Office Skills
Personal Safety	Personal Safety	Internet Skills	Team working
Personal Decision Making	Personal Decision Making	Visual Arts	Cultural Skills
Design	Design	Functional	Problem Solving

		Mathematics	
Non verbal Communication	Non verbal Communication	Communications	
Using Technology	Using Technology		
Drama	Drama		
Craft			
Relaxation Techniques	Life Science		

## Glossary of terms

**Accreditation** - Accreditation means having what you have learned recognised formally.

**Award** - A student achieves an award (component or certificate) when their work is assessed and it meets specified requirements.

**Blended Learning** – This refers to the mixing of different teaching and learning techniques. For example, a blended learning approach can combine face-to-face tuition with computer based learning.

**Credits** – The credit system gives learners an idea of the volume of learning required for each award. Each award, regardless of type, has a specific credit value which must be achieved.

**Common Awards System** – This is a structured award system for the further education sector where the focus is on the outcomes of learning. The awards share characteristics, such as common format. Standards of knowledge, skill and competence are expressed as learning outcomes. Student’s work is assessed, and if it meets the requirements, they will receive an award.

**Distance Learning** – Distance learning occurs when students and tutors are separated by either space or time. For example, a student can follow an online computer programme from their home, while their tutor is in another location.

**Education and Training Board (ETB)** – An Education and Training Board (formerly VEC) manages adult and further education at city, regional and/or county level.

**External authentication** – External authentication is a process which shows (i) results have been internally verified by the provider (ii) evidence has been produced and assessed in line with techniques outlined in the Awards Specification and (iii) results presented are consistent with national standards for the award. **Note:** External authentication is carried out by an external authenticator from the QQI ‘external authentication panel’.

**FETAC** – Further Education and Training Awards Council. **Note:** QQI has replaced FETAC as the national awarding body for Further Education.

**Framework** – A model or system used to organise information or to plan, develop or decide something.

**Initial Assessment** – An initial assessment process is used to try to identify the learner's needs and interest.

**Internal Verification** – Internal Verification is the process where the provider checks the student's work and verifies that it meets the agreed standards and followed assessment processes. **Note:** This task is carried out by an 'internal verifier' or an 'internal verification panel'. The Internal Verification (IV) process involves:

- Verifying that the provider's procedures have been applied across the range of assessment activities; and
- Confirming assessment results by checking learner evidence exists and marks and grades are recorded correctly.

**Learning Outcomes (Los)** – The Learning Outcomes (LOs) are in award specifications. Standards of knowledge, skill and competence are expressed as Learning Outcomes. **Note:** These were previously known as SLOs (Specific Learning Outcomes).

**Major Awards** – A Major Award, often called 'the Full Certificate', is generally achieved through the accumulation of a number of Minor Awards. A Major Award or Certificate typically gives eligibility for progression to learning opportunities at the next level on the NFQ.

**Minor Award or 'Component'** – Minor awards are known as the building blocks of the Common Awards System. Some Minor Awards are mandatory because of the unique purpose of the major award. They are grouped in 'pools' of components, to give flexibility of choice.

**Major Award specification** – The QQI issues Major Award specifications. These explain what a student has to do to achieve that major award. These specifications include pools of awards from which students can select to build-up credits.

**National Framework of Qualifications (NFQ)** – The National Framework of Qualifications is a system of ten Levels. Each Level is based on nationally agreed standards setting out what a person is expected to know and be able to do following a process of learning.

**Programme Validation** – The Programme Validation sets out what a student has to do to achieve the Major Award under that particular programme. This includes 'pools' of Minor Awards from which students can select to build-up credits.

**Quality Assurance** – Providers have to develop their quality assurance system and the criteria for agreement with QQI in order to be a registered provider and have programmes validated. The content of the programmes should fit in with the provider's Quality Assurance agreement and the process set out in the validated programme.

**Quality and Qualifications Ireland (QQI)** – QQI oversees and regulates accreditation in Ireland. QQI has replaced FETAC.

**Recognition of Prior Learning (RPL)** – A process used to evaluate skills and knowledge acquired outside the classroom for the purpose of recognising competence against a given set of standards.

**Registered Provider** – Learning centres can offer accreditation if QQI registers the to offer validated programmes. Every provider will have their own policies, procedures, assessment and delivery methods.

**Results Approval** – The Provider or Learning Centre approves results and sends them to QQI for the award. This happens after the Results Approval Panel meets.

**Summative Assessment** – Students complete a Summative Assessment to check that they meet the learning outcomes of the award.

[www.writeon.ie](http://www.writeon.ie) – Writeon.ie is a NALA website which allows adults to check their skills and work areas where they need help with their learning. Students can then use the site to apply for a National Award at Level 2 or 3.

## Additional Contacts North Tipperary

Name and Address	Programme Type	Contact Person, Telephone Number, Email
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<p><b>Daughters of Charity</b>, St. Anne's Service, Sean Ross Abbey, Roscrea, Co. Tipperary.</p> <p><b>Daughters of Charity</b>, Ormond Resources, Nenagh, Co. Tipperary</p>	Day Service	Michelle Doyle, General Manager Catriona Larkin, Head of Services North Tipperary 0505 22046
<p><b>Daughters of Charity</b>, St. Vincent's Training Centre, Lisnagry, Limerick</p>	HSE Day, Rehabilitative Training (Moderate ID & P&S only)	Michelle Doyle, General Manger. Ger McAuliffe, Manager, <a href="mailto:gerardmcauliffe@lim-docservice.ie">gerardmcauliffe@lim-docservice.ie</a> Tel: 061 501400, 061 501406 Administrator: John O'Callaghan
<p><b>Employability Services Limerick</b>, 5 Mallow Street, Limerick</p>	SOLAS Supported Employment	Ursula Mackenzie, Manager Tel: 061 493095 <a href="mailto:ursula@employabilitylimerick.ie">ursula@employabilitylimerick.ie</a> Contacts: Aofie, Dermot and Harry
<p><b>HSE Mid West Area</b>, Training Services Limerick, Dooradoyle, Limerick</p>	HSE Rehabilitative Training, Day Services, Sheltered Day Services	Seamus Dilleen, Area Manager Tel: 061 482469 <a href="mailto:seamus.dilleen@hse.ie">seamus.dilleen@hse.ie</a>
<p><b>HSE Mid West Area</b>, Gortboy Training Centre, Newcastlewest, Co. Limerick</p>	HSE Rehabilitative Training, Day Services, Sheltered Day Services	Donal Cooper, Instructor Tel: 069 61477 <a href="mailto:donal.cooper@hse.ie">donal.cooper@hse.ie</a>
<p><b>HSE Mid West Area</b>, Dunlick Enterprise Centre, Gort Road, Ennis, Co. Clare</p>	HSE Rehabilitative Training, Day Services, Sheltered Day Service	Denise Wynne, Manager Tel: 065 6863722, 6863728 <a href="mailto:denise.wynne@hse.ie">denise.wynne@hse.ie</a>
<p><b>HSE Occupational Guidance Advisor</b>, South Eastern Area</p>	Rehabilitative Training and Sheltered Services	062 70473
<p><b>HSE Occupational Guidance Advisor</b>, Midlands Area</p>	Rehabilitative Training and Sheltered Services	David Whelan, Kilcrutten Centre, Tullamore, Co. Offaly Tel: 057 9341204
<p><b>HSE Occupational</b></p>	Rehabilitative	Triona Ryan OGA SW Wing, St.

<b>Guidance Advisor,</b> Limerick	Training and Sheltered Services	Joseph's Hospital Street, Limerick. Tel: 061 461263, 087 9076324 <a href="mailto:triona.ryan@hse.ie">triona.ryan@hse.ie</a>
<b>Irish Wheelchair Association,</b> Limerick, Roxboro Buisness Park, Limerick.	Day Services PA Transport Support	Majella Fagan 061 317 234 <a href="mailto:majella.fagan@iwa.ie">majella.fagan@iwa.ie</a>
<b>Mary Immaculate College, SRC,</b> Limerick	FETAC Level 4 Certificate in Learning and Personal Development	Orla Slattery, Co-ordinator, Tel: 061 774757 <a href="mailto:orla.slattery@mic.ul.ie">orla.slattery@mic.ul.ie</a> or Maura Moore Tel: 061 204927 <a href="mailto:maura.moore@mic.ul.ie">maura.moore@mic.ul.ie</a>
<b>My Mind,</b> Mental Health Matters, 66 O'Connell Street, Limerick	Mental Health Matters	Krystian Fikert, CEO, 1 Chelmsord Road, Ranelagh, Dublin 6. Tel: 01 4433961
<b>Mid West Spina Bifida &amp; Hydrocephalus Association.</b>	Day Service	Nessa O'Driscoll Tel: 061 439990 <a href="mailto:nessa@spinabifids.ie">nessa@spinabifids.ie</a>
<b>Nenagh Comprehensive Training,</b> Young Nenagh Project, John's Place, Nenagh, Co. Tipperary	VEC Education 16 years to 21 years	Michael Collins, General Manager Tel: 067 32832 Clare Downes, Administrator
<b>National Learning Network,</b> Raheen Industrial Estate, Raheen, Limerick	Rehabilitative Training	Lisa Haugh, Centre Manager Tel: 061 229962, 087 6897744 <a href="mailto:lisa.hhaugh@nlm.ie">lisa.hhaugh@nlm.ie</a>
<b>National Learning Network,</b> Focus Programme, 5/6 An Dun, Church Road, Raheen, Limerick	Rehabilitative Training and Mental Health	Lisa Haugh, Manager/ Sean Ins Tel: 061 305272, 314824 <a href="mailto:lisa.hhaugh@nlm.ie">lisa.hhaugh@nlm.ie</a>
<b>National Learning Network,</b> Raheen, Industrial Estate, Limerick	HSE, Rehabilitative Training, Day Services and SOLAS Vocational Training	Trish Hynes, Assistant Manager Tel: 061 229777 <a href="mailto:trish.hynes@nlm.ie">trish.hynes@nlm.ie</a>
<b>National Learning Network,</b> The Tanyard, Tullamore, Co. Offaly	HSE, Rehabilitative Training, Day Services and SOLAS Vocational Training	Katriona Screeney, Manager, 057 9341272, 086 0455292 <a href="mailto:tullamore@nlm.ie">tullamore@nlm.ie</a>
<b>National Learning Network,</b> Dublin	HSE, Rehabilitative Training, Day	Allan Boyle, Manager Tel: 057 8621263, 086 6098243

Road, Portlaoise, C. Laois	Services and SOLAS Vocational Training	
<b>National Council for the Blind, NCBI</b> , Unit 2-3 Parkview Court, Edward Street, Limerick	Visual Impairment Organisation, Support Service	Maura Barry,. Tel: 061 310818
<b>Rehabcare</b> , Parnell Place, Parnell Street, Limerick	Head Office	Grainne Fogarty, Regional Manager Tel: 061 319435 <a href="mailto:grainne.fogarty@rehabcare.ie">grainne.fogarty@rehabcare.ie</a> also General Manager <a href="mailto:jonna.goranson@rehabcare.ie">jonna.goranson@rehabcare.ie</a>
<b>Rehabcare</b> , Parnell Place, Parnell Street, Limerick	Sheltered and Day Services	Phil Atkinson, Manager Tel: 061 312876 <a href="mailto:phil.atkinson@rehabcare.ie">phil.atkinson@rehabcare.ie</a>
<b>Rehabcare</b> , St. Conlons Road, Nenagh, Co. Tipperary	Day Services, Moderate	Padraig Lanphier, Manager Tel: 067 43046, 087 1496989 <a href="mailto:padraig.lanphier@rehabcare.ie">padraig.lanphier@rehabcare.ie</a>
<b>Rehabcare</b> , 8/10 Caiseal Dairg, Bru na Sionna, Shannon, Co. Clare	Sheltered Day Services and Mild Mental Health	Orla O'Connor, Area Manager Joanne Bradshaw, Manager Tel: 061 719500 <a href="mailto:joanne.bradshaw@rehabcare.ie">joanne.bradshaw@rehabcare.ie</a>
<b>Rehabcare</b> , Thurles, Co. Tipperary	Day Service/ Respite	Colleen O'Sullivan Tel: 0504 57011 086 60450474 <a href="mailto:colleen.osllivan@rehabcare.ie">colleen.osllivan@rehabcare.ie</a>
<b>Rehabcare</b> , Tanyard, Tullamore, Co. Offaly	Day Services Provider	Marie Hensey, Manager Tel: 087 6599590 <a href="mailto:marie.hensey@rehabcare.ie">marie.hensey@rehabcare.ie</a>
<b>Specialist Sterne</b>	ASD Social Entrepreneur	Frank Holtz Tel: 087 2677936.
<b>St. Cronan's Training Centre</b> , Grange, Roscrea, Co. Tipperary	HSE Rehabilitative Training, Day Services and Sheltered Day Services	Katherine McLoughlin, CEO, Martin Carney, Dep. General Manager, Michael Keane, co-ordinator Tel: 0505 21426 087 9521281 (Michael Keane) <a href="mailto:michael.keane@cronans.ie">michael.keane@cronans.ie</a>
<b>St. Cronan's</b> , 97/98 Springford Meadows, Limerick Road, Nenagh, Co. Tipperary	HSE Rehabilitative Training, Day Services and Sheltered Day Services	Martin Carney Dep. General Manager <a href="mailto:gm@cornans.ie">gm@cornans.ie</a> Mary Friend, Co-ordinator Tel: 067 34997
<b>St. Joseph's Foundation</b> , Baker's Road, Charleville Cork	HSE Rehabilitative Training, Day Services and Sheltered Day Services	Noreen Ryan, CEO, David Doyle, Manager, Liskennett Ann O'Callaghan, Manager Tel: 063 89252, 063 30105 <a href="mailto:aocallaghan@sstjosephsfoundation.ie">aocallaghan@sstjosephsfoundation.ie</a>

<b>Templemore College of Education (St. Shelian's)</b>	Education PLC Post Leaving Certificate	Tel: 0504 31007
<b>Tralee Institute of Technology</b>	Education 3 <sup>rd</sup> Level Access programmes	Valerie Moore <a href="mailto:valerie.more@ottralee.ie">valerie.more@ottralee.ie</a> Tel: 066 7191682
<b>Young Development Project, Thurles, Co. Tipperary</b>	Education, Education Training Board (ETB)	Tel: 0504 21592
<b>Youth Reach, O'Connell Avenue, Limerick</b>	Education, Education Training Board (ETB)	Roisin Cleary Tel: 061 445700
<b>Limerick Institute of Technology, LIT</b>	Education 3 <sup>rd</sup> Level Access Courses	Broze O'Donovan Tel: 061 293112 <a href="mailto:broze.odonovan@lit.ie">broze.odonovan@lit.ie</a>
<b>University of Limerick, UL</b>	Education 3 <sup>rd</sup> Level Access Programmes	Caoilinn Kennedy, Access Officer/Student Support Tel: 061 2234847, 086 8323446 <a href="mailto:caoilinn.kennedy@ul.ie">caoilinn.kennedy@ul.ie</a>

## Additional Contacts South Tipperary

<p><b>BROTHERS OF CHARITY DAY SERVICES.</b>  <b>Nagle Services, Canopy Street, Cashel, Co. Tipperary</b></p> <p><b>Contact: Orla Slattery, Manager</b>  <b>Phone: 062 62383 or 087 191 6945</b></p>
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Nagle Centre	Canopy Street, Cashel, Co. Tipperary
The Chambers	c/o Child & Family Centre, Friar Street, Cashel, Co. Tipperary
Kings Deli	Friar Street, Cashel, Co. Tipperary
Millennium Family Resource Centre	Glengoole, Thurles, Co. Tipperary
The Village	Ballyclerihan, Clonmel, Co. Tipperary
Ballyporeen Community Centre	Main Street, Ballyporeen, Co. Tipperary
The Palms	Lissava, Mitchelstown Road, Cahir, Co. Tipperary
Cara Nua	Parkgrange, Clonmel, Co. Tipperary
Tigh Mac Gamhna	Turlesbeg, Boherlahan, Cashel, Co. Tipperary.

<p><b>SUPPORTED LIVING SERVICES</b></p>	
30 St. Patrick's Place	Fethard, Co. Tipperary
	Lower Green, Cashel, Co. Tipperary

## RESIDENTIAL SERVICES

24 Ashlawn	Ballyclerihan, Clonmel, Co. Tipperary
6 Butler Court	Cahir, Co. Tipperary
9 Sli Chormaic	Old Road, Cashel, Co. Tipperary.
“Castleview House”	Thomastown, Co. Tipperary

## BOHERDUFF SERVICES, CIVIC OFFICES, FRIAR STREET, CASHEL, CO. TIPPERARY

Jeannette McLoughlin, Services Manager,  
Telephone number: 062 85043 and 087 798 3710

### Early Childhood Services

Lus na Greine Child Development Centre	Fethard Road, Clonmel, Co. Tipperary
Tus Maith Child Development Centre	c/o Gaelscoil, Knockanrawley, Tipperary Town, Co. Tipperary
Home Based Programme aged 0-3 years	c/o St. Rida’s Respite, Thomas Street, Clonmel, Co. Tipperary

### ADULT DAY SERVICES

Gateway Rehabilitative Training	Cahir Business Park, Cahir, Co. Tipperary
Carrowclough	49 Carrowclough, Tipperary Town, Co. Tipperary
The Gardens	c/o Nagle Centre, Canopy Street, Cashel, Co. Tipperary

## RESIDENTIAL SERVICES

Tir na nOg Children’s Residential	Rathkeevan, Clonmel, Co. Tipperary
Cahir Abbey Adult Residential	Cahir Abbey Upper, Mountain Road, Cahir, Co. Tipperary
Nine Elms Adult Residential	Lissava, Mitchelstown Road, Cahir, Co. Tipperary
St. Rita’s Children’s Respite Service	Thomas Street, Clonmel, Co. Tipperary
La Verna Adult Respite Service	Kilmalogue, Grange, Clonmel, Co. Tipperary

**Dun Aoibhinn Services, St. Patrick's Road, Gortnafleur,  
Clonmel, Co. Tipperary**

**Claire O'Brien, Services Manager,  
Telephone number: 052 6129776 and 086 8439029**

**ADULT DAY SERVICES**

Dun Aoibhinn	St. Patrick's Road, Gortnafleur, Clonmel, Co. Tipperary
Rivus House	Gortnafleur Business Park, Clonmel, Co. Tipperary
Elm Tree	Unit 2, Elm Park Community Centre, Clonmel, Co. Tipperary
Siolta Nua	Carrigeen, Cahir, Co. Tipperary
<b>24 Hour Service</b>	
25 St. Patrick's Gardens	Deerpark Road, Cashel, Co. Tipperary
26 St. Patrick's Gardens	Deerpark Road, Cashel, Co. Tipperary
Cluain Beag	Rathclogheen, Golden, Co. Tipperary
"Kiltinan"	Cloughabreeda, Cahir, Co. Tipperary
<b>RESIDENTIAL SERVICES</b>	
"Chatka Malina"	23 Ard na Greine, Clonmel, Co. Tipperary
8A Powerstown Road	Clonmel, Co. Tipperary

**Notes.**